

Herts Coach Education Week 2018



herts
sports
partnership



February 10th-18th



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Hertfordshire

Year of Physical
Activity 2018

Welcome to Coach Education Week 2018!

Herts Coach Education Week takes place over the February half-term break and there's a wide variety of courses, workshops and events on offer. Coaching in sport and physical education is going through a period of change and it has never been more important for coaches to keep themselves up to date.

Take a look through the programme and then, for more information and to make a booking, visit www.sportinherts.org.uk and click on the Coach Education Week image at the top of the page.

While we make every effort to ensure that the information in the programme is accurate, please check the course links for any updates, and check pre-course requirements carefully.

Acknowledgements

The Herts Sports Partnership team would like to thank our numerous partners, as without their continued support an event of this scale would not be possible. Their contribution is invaluable in helping us to support the development of Hertfordshire's sports coaching workforce.

Our special thanks go to our key venue partners: Hertfordshire Sports Village, Queens' School, Sir Frederic Osborn School and the University of Hertfordshire.



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Sunday 21st January

Cricket

Level 2: Coaching Children's Cricket (6 Days)

09:30 - 11:30 | The Nobel School, Stevenage | £300

Cricket

Level 2: Young People & Adults (6 Days)

12:00 - 14:00 | The Nobel School, Stevenage | £300

Saturday 10th February

Swimming

Level 2: Swimming Teacher (8 Days)

09:00 - 18:00 | Hertsmere Leisure - The Venue, Borehamwood | £680

Badminton

Level 1: Award for Assistant Coaches (3 Days)

09:00 - 16:00 | Hertford Regional College, Hitchin | £225/215

Badminton

Level 2: Certificate for Coaches (4 Days)

09:00 - 17:00 | Hertford Regional College, Hitchin | £380/370

Football

Referee Course (3 Days)

10:00 - 16:00 | Birchwood High School, Bishop Stortford | £150

Sunday 11th February

Athletics

Leadership in Running Fitness

09:00 - 17:00 | Wodson Park, Ware | £160

Monday 12th February

Swimming

NPLQ (National Pool Lifeguard Qualification) (5 Days)

08:00 - 17:00 | Herts Sports Village, University of Hertfordshire, Hatfield | £275

Rugby Union

Coaching Award (3 Days)

09:00 - 17:00 | Beaumont School, St. Albans | £150

Dance/Disability

Inclusive Dance Training Course (3 Days)

10:00 - 16:00 | WDSA Office, Watford | £460

Safeguarding

Safeguarding and Protecting Children

18:30 - 21:30 | University of Hertfordshire, Hatfield | £35

Workshop

Understanding learning styles and personality types with athletes/players

18:30 - 21:30 | University of Hertfordshire, Hatfield | £35

Swimming

Level 1: Swimming Assistant (Teaching)

10:30 - 18:30 | SLM - Watford Woodside Leisure Centre, Watford | £395

Roller Skating

Roller Skating for Teachers

10:00 - 13:00 | University of Hertfordshire, Hatfield | Free



Tuesday 13th February

First Aid

Emergency First Aid Course

09:00 - 16:00 | Herts Sports Village, University of Hertfordshire, Hatfield | £60

Sports Science

Strength & Conditioning Level 1 Workshop

09:00 - 16:30 | University of Hertfordshire, Performance Herts, Hatfield | £80

Athletics

Run, Jump, Throw (Primary Schools)

10:00 - 15:00 | Sir Frederic Osborn School, Welwyn Garden City |

Dodgeball

Level 1: Coaching Course

10:00 - 14:00 | North Herts College, Hitchin | £60

Netball

Skills & Drills Workshop

18:45 - 21:30 | Stanborough School, Welwyn Garden City | £25/35

Workshop

Mental Health Awareness for Sport and Physical Activity

18:30 - 21:30 | University of Hertfordshire, Hatfield | £25

Safeguarding

Multisport - Time to Listen

18:30 - 21:30 | University of Hertfordshire, Hatfield | £25

Sports Science

Understanding body language and NLP

18:30 - 21:30 | University of Hertfordshire, Hatfield | £35

Sports Science

Performance Nutrition

19:00 - 21:00 | University of Hertfordshire, Hatfield | £25

Wednesday 14th February

Bowls

Bowls Activator

09:00 - 13:00 | Hatfield IBC, Hatfield | £35

Workshop

Challenging Behaviour

10:00 - 12:00 | Sir Frederic Osborn School, Welwyn Garden City |

Dodgeball

Level 2: Coaching Course

10:00 - 18:00 | North Herts College, Hitchin | £100

Sports Science

Developing Elite Athletes, the Long Term Approach

13:00 - 14:00 | University of Hertfordshire, Hatfield | Free

Sports Science

Strength & Conditioning for All

19:00 - 21:00 | University of Hertfordshire, Performance Herts, Hatfield | £25

Safeguarding

Safeguarding Children Workshop

19:00 - 22:00 | Broxbourne Council Office, Broxbourne | £25

Football

Junior Football Leaders Award (2 Days)

10:00 - 17:00 | Marriotts School, Stevenage | £40



Thursday 15th February

First Aid

Emergency First Aid Course

09:00 - 16:00 | Herts Sports Village, University of Hertfordshire, Hatfield | £60

Safeguarding

Safeguarding Adults at Risk

12:00 - 14:00 | University of Hertfordshire, Hatfield | £30

Safeguarding

Safeguarding and Protecting Children

18:30 - 21:30 | University of Hertfordshire, Hatfield | £35

Sports Science

Sport Psychology for Coaches

18:30 - 21:30 | University of Hertfordshire, Hatfield | £25

Workshop

Mentoring Adults (2 Days)

18:30 - 21:30 | Herts Sports Village, University of Hertfordshire, Hatfield | £30

Friday 16th February

Swimming

Level 2: Swimming Teacher

09:00 - 17:00 | Sportspace, Hemel Hempstead | £680

Safeguarding

Safeguarding and Protecting Children

09:30 - 12:30 | University of Hertfordshire, Hatfield | £35



Saturday 17th February

First Aid

First Aid First Emergency Course

09:00 - 16:00 | Herts Sports Village, University of Hertfordshire, Hatfield | £60

Gaelic Football

Gaelic Football Foundation Coaching Award

09:00 - 17:30 | St Josephs Church Hall, Waltham Cross | £20

Athletics

Coaching Assistant (2 Days)

09:00 - 17:00 | Wodson Park, Ware | £245

Sports Science

Acceleration, Speed, Agility & Plyometrics Workshop

09:00 - 16:30 | University of Hertfordshire, Performance Herts, Hatfield | £80

Sunday 18th February

Cycling

Level 1: Coaching Course (2 Days)

09:00 - 17:00 | Queens' School, Bushey | £300

Saturday 24th February

Swimming

ASA Conference (2 Days)

10:00 - 13:00 | University of Hertfordshire, Hatfield | Free

Wednesday 28th February

Safeguarding

Safeguarding and Protecting Children

18:30 - 21:30 | University of Hertfordshire, Hatfield | £35

Funding for Training - Workforce Development Grant

Herts Sports Partnership is delighted to offer a number of Workforce Development Grants to help sports coaches and leaders who are working in the County. The grants aim to help upskill the coaching workforce, by funding attendance at appropriate courses and CPD workshops.

These will be administered by a local authority Sport Development Officers with local criteria applied.

Please contact Chris Samways for further Information.

E: c.samways@herts.ac.uk

T: 01707 281004

Connected Coaches



You can't get away with coach talk 24/7 with family and friends but you can come to connectedcoaches to discuss whatever's on your mind – a challenging parent, someone who turns up late, engaging those who seem disinterested etc - whenever you like.

www.connectedcoaches.org

 twitter.com/connected_coach





Hertfordshire

Year of Physical
Activity 2018

#HertsYOPA18

In support of making Hertfordshire
the most active county

'Move More, Feel Great!'

For more information, contact:

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January

New Year,
New You
Month

February

Workforce
Development and
Volunteering
Month

March

Young People
Month

April

Older Adults
Month

May

Walking
Month

June

This Girl Can
in Herts and
Bike Month

July

Parks
Month

August

Families
Month

September

Get Back Into
Month

October

Workplace
Wellbeing
Month

November

Celebrate Sport
Month

December

Dance
Month