



**HERTSMERE HEALTH AND WELLBEING GROUP**  
**Thursday 26<sup>th</sup> February 2015 at 10.00 a.m.**

**Attendees:**

Cllr B Batten (Chair)	Hertsmere Borough Council
Cllr Anne Swerling	Hertsmere Borough Council
Cllr Ann Harrison	Hertsmere Borough Council
Rebecca Young	Hertsmere Borough Council
Pam Cousins	Hertsmere Borough Council
Helen Hopkins	Hertsmere Borough Council
Aaron Eldred	Hertsmere Borough Council
Chris Gascoine	Hertsmere Borough Council
Charlie Beck	Herts Mind Network
Peter Christmas	Groundwork
Pat Strack	Town Council & Healthwatch
Peter Evans	Aldenham Parish Council
Tom Watkins	Community Navigator
Heather Day	CAB
Janet Scott	CAB
Liz Petyt	Hertsmere Leisure
Patience Moses	Hertsmere CLDT
Vickie August	Crossroads
Heather Walsh	Community Action Hertsmere

**Apologies:**

Sundera Kumara-Moorthy, Kim Harwood, Richard Bateman, John Murray, Lorna Cunningham, Anne Hardy, Jane Lane

Cllr Batten welcomed everyone to the meeting and introductions were made.

**Matters Arising from the Minutes**

- Therma-Hyrometers are now being given out by the CAB and will be included in CAH's Herts Healthy Homes packs.
- No Smoking Day – 11<sup>th</sup> March. If you require any publicity material please contact Aaron Eldred.
- Brief Intervention Training took place in February, which was very well attended and more sessions in Community centres are being organised through CAH.
- Affinity Sutton will present at the next meeting on their Wellbeing project.

**Groundwork**

Peter Christmas gave an outline of who Groundwork are and their aims, which are to; create or improve green spaces, help people in need and get people qualifications or

training. The presentation included the various projects that Groundwork delivers to improve the health and wellbeing of communities and achieve their aims.

In February half term 2015, HBC awarded Groundwork £3000 as part of the public health fund to hold Wild Play sessions in Meryfield School. The sessions were well received and improved participant's confidence in facilitating outdoor play.

In future projects, Groundwork would like to focus on working with people who are "hard to reach" and are seeking partners and sources of funding to do this.

**Action: Groundwork is welcome to attend future Hertsmere Health and Wellbeing meetings to further relationship with Hertsmere and support development of next year's Public Health plan.**

### **Public Health Fund Update**

Rebecca Young gave an update on what projects were funded through the 2014/15 Hertsmere Public Health Fund grants. These were agreed in January by a sub group of the health and wellbeing group. 7 projects were funded totalling £13,000, most of the project have started or will be starting in the next few months. – Please see paper attached.

HCC are also providing funding for air quality control monitoring, additional to the Public Health Fund. Next year's public health fund plan has to be submitted to HCC by August 2015 for the second year of funding in 2015/16. A review of the past year's delivery of the Health and Wellbeing strategy will take place and the Health and wellbeing group will be involved in the development of a new plan.

### **Macmillan Project**

Heather Day and Janet Scott delivered a presentation on the success of the Macmillan/CAB partnership which helps improve the wellbeing of people with cancer on long-term illness. The project achieves this by helping people with cancer find out what benefits and grants they can apply for and are entitled to. This can include; clothing, travel and heating costs. People can be referred to the project by GPs and Hospitals but they also take some personal referrals and would accept referrals from other health professionals.

The project is important as it alleviates some of the stress that people with cancer may have by making money less of a worry and helping them with employment issues. The project is very successful, with every £1 put into the project saving the community £11.

Unfortunately funding is running out and CAB won't know how/if Macmillan will continue to support the project until June.

**Action: Cllr Batten to raise issue of future funding of the project at the LSP meeting.**

**Action: Rebecca Young to draft a letter for Cllr Batten to HCC HWB board regarding the project.**

## **Organisational updates:**

### **Crossroads**

Working with Carers in Herts on an internal referral partnership to identify young carers and offer them support.

### **Community Navigators**

Still the most engaged borough with 73 referrals from Hertsmere. Feeding back to community wellbeing team at HCC where the gaps are – Transport is an issue for many service users. Looking into hiring a 6<sup>th</sup> Community Navigator to cover the whole HVCCG area.

### **CAB**

Heather Day announced her retirement and wishes the group all the best. Her successor will be attending future Hertsmere HWB meetings. The Chair thanked Heather Day for all her work and support.

### **HBC**

Adults with complex needs project – applying for funds from CCG and Police and crime commissioner among others. They will be commissioning project around April, with a view to start late summer. A presentation will be given at a future meeting with more details.

Herts Healthy Homes have a £500,000 fund and community organisations can apply for up to £20,000. See attached application forms. The deadline is 20<sup>th</sup> March.

Healthier Hertsmere activities are coming along well, with beginner's tennis sessions having started and beginners kickboxing sessions starting soon, any support promoting these would be appreciated – Please see attached flyers.

Women and girls project is going well with 800+ women attending. Please contact us if you would like to get involved.

Arsenal planning agreement has been extended for 5 more years which benefits local people with training and community activities.

### **Aldenham PC**

Holding a day of cycling with youth councillors. Looking into fuel poverty which affects many in Aldenham PC. The Cardio – tennis in Phillimore rec as part of we move she moves is going very well.

### **Hertsmere Leisure**

Working in partnership with Sport England to deliver a programme called Herts Active Together aimed at people who are 65+

HL would appreciate help with sharing promotional material.

<http://www.hertsmereleisure.co.uk/hertsmere-leisure/herts-active-together>

### **Herts Mind Network**

Recruiting a nurse for the Healthy Body Healthy Mind project and recruiting a financial advisor to work with the CAB. Also looking into project funding to extend the ASTF project.

**Bushey Foodbank**

An organisation is hoping to open a Foodbank in Bushey and would like to know if anyone has an appropriate venue. Please contact us if you know of anything.

Cllr Batten thanked everyone for attending and wished Heather well in her retirement.

**Dates of Next Meetings at Hertsmere Borough Council:**

**10am – 12pm 14<sup>th</sup> May 2015**

**10am – 12pm 6<sup>th</sup> August 2015**

**10am – 12pm 19<sup>th</sup> November 2015**