



HERTSMERE HEALTH AND WELLBEING GROUP
Tuesday 4th December 2014 at 10.00 a.m.

Attendees:

Cllr B Batten (Chair)
Cllr Anne Swerling
Cllr Ann Harrison
Rebecca Young
Pam Cousins
Helen Hopkins
Andy Chittenden
Kim Harwood
Charlie Beck
Minakshi Amin
Jane Lane
Peter Evans
Tom Watkins
Heather Day
Judy Ferguson
Martin Cooke
Nick Phipps
Rushma Patel
Heather Walsh
Daryl Knight

Hertsmere Borough Council
Herts Mind Network
Guideposts Trust
Hertsmere NHS HVCCG
Aldenham Parish Council
Community Navigator
CAB
Affinity Sutton
Youth Connexions
Herts Stop Smoking Service
HCC – Public Health
Community Action Hertsmere
HCC – Community Learning Disability

Apologies:

Sundera Kumara-Moorthy, Aaron Eldred, Jayne Taylor, Dee Dillistone, Anne Hardy
Liz Petyt

Cllr Batten welcomed everyone to the meeting and introductions were made.

Therma-Hydrometers

Andy Chittenden gave an overview of how to control condensation and mould. There are many health related issues such as asthma which can be caused by condensation and mould. Some difficulties include older properties, not keeping heating on due to costs, seasonal problem, and lack of advice.

1000 Therma-Hydrometers were funded through the public health fund to allow residents to manage their own mould and damp. A leaflet is provided with it to help team manage themselves, targeting the elderly and those in private rented accommodation. The key aims are to reduce condensation, cold, mould and there effects on health.

Action: CAB can support with distribution of leaflets or mould detectors as often get enquiries regarding this. Community shop and Community Navigators can also distribute leaflets.

Action: Andy to speak at CAB meeting in the future.

Smokefree Hertfordshire

Rushma Patel and Nick Phipps presented on Smokefree Hertfordshire. Please see attached presentation.

Some Key Priorities for Hertsmer include:

- Smokefree homes and cars – 10 pledges from Hertsmer. Launching this campaign next year though has already begun keen for partners to help promote.
- Routine and manual workers – 26.2%
- Keen to do roadshows in Hertsmer next year.
- Health harms campaign in January (Rolling tobacco/Routine manual workers)

Campaigns:

- Health Harms Dec 29th – Jan 2015
- Smokefree homes and cars – Feb 2015
- No smoking day – March 2015

Brief intervention training 5th Feb 12 – 1.30pm at Hertsmer Borough Council. Please email Health.wellbeing@hertsmer.gov.uk to book.

Smokefree Resource Centre - <http://resources.smokefree.nhs.uk/resources>
Health Promotion in Herts - <http://www.healthpromotioninherts.nhs.uk/HPAC/Index.jsp>
Orderline - https://www.orderline.dh.gov.uk/ecom_dh/public/saleproducts.jsf

Healthy Weight Strategy

Jane Lane presented the Healthy Weight Strategy. Please see attached presentation.

Oklahoma on a diet - <https://www.youtube.com/watch?v=Dp0HDDSqyog>

There will be a number of activities starting in the New Year including an inter-surgery challenge. The CCG and HBC will also be working together on a number of these challenges.

Public Health Fund Delivery Plan

The Public Health Fund plan has now been agreed with HCC Public Health based on the outcomes from the Workshop and development of strategy and new priorities. Rebecca Young went through the delivery plan for this and different types of projects which will aim to deliver the health and wellbeing priorities. The HWB group agreed the public health plan and delivery mechanisms.

A sub group of partners to make decisions on the voluntary sector funding of £10,000 was agreed. This includes:

Cllr Batten
Peter Evans
Rebecca Young
Helen Hopkins
Pat Strack

Action: Aaron to organise a meeting in January to make decisions on the applications.

Organisational updates

HBC

Both the Community Grants and the Public Health Fund Grants are currently open for applications– the deadlines are 15th and 22nd December respectively. To apply visit www.hertsmere.gov.uk

Please fill in this [short survey](#) to let us know what you think by 18th December 2014. If you have any questions or would to send us any additional comments please email health.wellbeing@hertsmere.gov.uk or call 020 8207 7801.

CCG

Smoking targets/Chlamydia for GPs

Currently looking at existing property and new property in Borehamwood.

been a concern raised at HBC about Dr's charging for letters regarding health issues when they need to present them to BC to get discretionary housing benefit. This can be very costly. CCG to look into this, though do not have control over that as its in their own time and CAB to gather feedback on the issue.

Youth Connexions

96 Shenley Road – Currently well attended cooking sessions taking place and some have taken part in She Moves We Moves.

Community Navigators

Most engaged borough 1/3 of all referrals have come from Hertsmere. Engaged with GPs and Homefirst Team. (Future agenda item to present issues and case studies arising)

Aldenham PC

Currently investigating where to put some more outdoor play equipment and undertaken consultation at the winter Fayre.

Number 10

New timetable out in January. Undertaking lots of good projects which are well attended and have a particular focus on physical activity such as Yoga.

CAH

CRI open day took place and was very good. They would be good to invite to the meetings. CAH have also had their AGM which was very well attended and informative.

CAB

Heather Day is retiring next year. The group thanked her for all the great work over the years and support the CAB has given the partnership.

Macmillan Project is in 6th year and funding will end in October – keen to see this project continue.

Action: Presentation to take place at a future meeting.

Affinity Sutton

Currently undertaking a wellbeing project which will include an app one can download.

Action: Presentation at the next meeting to provide more information.

Cllr Batten thanked everyone for attending.

Dates of Next Meetings:

10am – 12pm 26th February 2015

10am – 12pm 14th May 2015

10am – 12pm 6th August 2015

10am – 12pm 19th November 2015