



HERTSMERE HEALTH AND WELLBEING GROUP
Thursday 14th May 2015 at 10.00 a.m.

Attendees:

Cllr Brenda Batten (Chair)	Hertsmere Borough Council
Cllr Peter Wayne	Hertsmere Borough Council
Cllr Ruth Lyon	Hertsmere Borough Council
Rebecca Young	Hertsmere Borough Council
Pam Cousins	Hertsmere Borough Council
Liz Gore	Hertsmere Borough Council
Aaron Eldred	Hertsmere Borough Council
Valerie Kane	Hertsmere Borough Council
Miranda Lawton	Herts Mind Network
Daniel Du Gard	Groundwork
Pat Strack	Town Council & Healthwatch
Peter Evans	Aldenham Parish Council
Sophie Mills	Guideposts Trust
Lorna Cunningham	Guideposts Trust
Carolyn Buller	CAB
Rob Dodkin	Hertsmere Leisure
David Radbourne	NHS HV CCG
Jane Lane	NHS HV CCG
Ruth Horne	Herts Help
Susan Carter	HCC
David Price	HCC
Sundera Kumara-Moorthy	Healthwatch

Apologies:

Liz Petyt, John Murray, Helen Hopkins, Mobashar Mahmood, Rushma Patel

Cllr Batten welcomed everyone to the meeting and introductions were made.

Matters Arising from the previous Minutes

- Representative from Groundwork attended this meeting.
- Cllr Batten raised issue of future funding for the Macmillan project at the LSP
- Rebecca Young is drafting a letter to HCC HWB board for Cllr Batten regarding Macmillan project.
- Bushey Foodbank to be further investigated.

West Hertfordshire Strategic Review

David Radbourne presented on the West Hertfordshire Strategic Review: 'Your Care, Your Future' review. The review aims to turn the tide of health and social care by focusing on moving care into prevention rather than cure. It hopes to achieve this in ways such as; Better use of technology data and information flows, improved integration – seamless services, clinicians at the forefront and changing the culture of care.

Improved integration works on the model of 'No wrong door', in which a patient can enter the care pathway at any point and instead of getting turned away, can be signposted to the right care provider. Changing the culture of health involves educating people on the best pathways to follow to get care and the appropriate provider to approach to receive care (e.g. going to the GP for cold symptoms, instead of A&E)

*Please see attached slides

A useful discussion took place on the need to upscale some of the positive pilot projects which have taken place and ensuring services are joined up as Hertsmere are on the border with Barnet.

Action:

- Include information on Hospital Services on websites and in Hertsmere News.
- Community Safety to join up with Acute Trust on Alcohol Related Harm.

Herts Help & Hertsmere

Ruth Horne gave a brief overview on Herts Help (HH) within Hertsmere. 10% of all contact with HH comes from Hertsmere. HH are part of the Advice Services Transition Fund (ASTF) project. HH are; working on a Christmas project for people with nowhere to go on Christmas day, working with customer service teams to help staff to know where to signpost service users and would like to improve the Herts Directory to ensure local links are there.

RH then outlined the role of community navigators and the Guidance in the Home scheme which is aimed at older people with domestic paperwork issues. HH are also working closely with Age UK on complex issues for old people.

Action:

- Guidance in the home – invite to future meeting
- Add Herts Help projects to HBC website
- Partners to provide up to date information about their organisation or events to Herts Help via the email nfo@hertselp.net

Herts Healthy Homes spring/summer project is underway and focusing on falls prevention, overheating, sunstroke and staying hydrated etc.

Action: Please promote to increase numbers of referrals.

Domestic Abuse in Hertsmere

Valerie Kane gave an update on domestic abuse (DA) in Hertsmere. VK is now the vice chair of the DA forum. The annual conference on DA, which ran in March, had around 160 attendees. The DA forum is keen to resurrect Sunflower DA drop in services and is engaging with pharmacists and GPs with small information cards at surgeries. The next DA forum is on 15th July. Would like to set up a men's DA helpline via the PCC. There is also a review on DA across the county on how to look after the victims and a commissioning manager has been appointed to the Community Wellbeing team at HCC.

Need help promoting DA and how to get help in Hertsmere as hard to sustain funding..

Action:

- Cllr Batten welcomed a proposal for funding to the Health and Wellbeing Board from the first years public health fund.
- VK to work with Jane Lane, CCG and Susan Carter, CWB team to support promotion of the work.

Annual Report & Public Health Fund

Rebecca young went through the annual report and Public Health Fund plans:

- An action plan for the 2015/16 Public Health Fund needs to be submitted to HCC Public Health in September 2015.
- Therefore the next meeting will be workshop style to look at any new evidence for the area and decide what projects and priorities should be funded with the second year's public health fund.
- Love to Dance is going well and the group took part in a dance at Wembley stadium.
- The Adults with Complex Needs (ACN) program is going out to tender.
- Parkruns starting 20th June, 9am, every Saturday at Aldenham Country Park.
- Want to work with Groundwork to deliver more Wild Play sessions across Hertsmere.

See attached draft Annual Review.

Action: Groundwork invited to put in a proposal to deliver 2 more sessions of Wild Play.

Organisational updates:

NHS HVCCG

Winter support scheme to help GP surgeries was very successful this year. Smoking targets are being focused on this year as struggling to be met.

Groundwork

Groundwork's Green Aiders scheme is now underway in Hertsmere, helping promote HHH and "Slips, Trips, Falls and Safety"

Aldenham PC

A foodbank collection point has now opened in [Aldenham Parish Council](#)

Guideposts Trust

A hoarding class is starting at No.10 on 15th May; the Meet & Move workshop will also start on this day.

Herts Mind Network

HMN are looking to offer counselling appointments one evening a week and are interviewing people to start the Health Checks project. There are now peer support sessions in Potters Bar.

HCC

Recommissioning all previous projects with lots of pilots themed around physical activity etc. HCC are working in partnership with the CCG's with changes to the adult carer's assessment format, which is now based on three simple tests with no financial assessment. Registered carers will have prioritised appointments at GP surgeries and annual health checks.

All contracts are currently under review in the Community Wellbeing Team and there are now 9 themes. A voluntary sector strategy and compact are also being developed.

Actions:

- HCC to brief at next meeting.
- HCC to contact Healthwatch about young carers.

HBC

- HBC are looking at forming dementia friendly businesses and communities.
- Dementia awareness week takes place in May.
- The deadline for [community grants applications](#) is 12th June.
- WE Move She Moves has engaged with over 1000 women and girls – to get involved or help promote visit our website

CAH

CAH are running a 5 day "Improving Your Chances" course at Windsor Hall, Borehamwood on the 8th, 12th, 15th, 19th and 22nd.

*Please see attached for more info, any help to promote this would be appreciated.

A.O.B

Cllr Batten thanked everyone and wished Rebecca Young well on her maternity leave and welcomed her maternity cover; Liz Gore.

Cllr Batten also wished Lorna Cunningham well on her retirement, thanked her for all the hard work in getting Number 10 up and running and welcomed Sophie Mills, the Meet and Move coordinator to the group.

Dates of Next Meetings at Hertsmere Borough Council:

10am – 12pm 6th August 2015 (Workshop style)

10am – 12pm 19th November 2015