



HERTSMERE HEALTH AND WELLBEING GROUP
Monday 6th October 2014 at 10.00 a.m.

Attendees:

Cllr B Batten (Chair)	Hertsmere Borough Council
Cllr Anne Swerling	Hertsmere Borough Council
Pam Cousins	Hertsmere Borough Council
Rebecca Young	Hertsmere Borough Council
Helen Hopkins	Hertsmere Borough Council
Christopher James	Hertsmere Borough Council
Chris Gascoine	Hertsmere Borough Council
Aaron Eldred	Hertsmere Borough Council
Pat Strack	Town Council & Healthwatch
Charlie Beck	Herts Mind Network
Jane Lane	Hertsmere NHS HVCCG
Mark Roberts	Druglink
David Gill	Druglink
Melanie Dean	Druglink
David Price	HCC
Rob Asplin	HPFT SW Quadrant
Sundera Kumara-Moorthy	Healthwatch, Hertfordshire
Barbara Kennedy	Crossroads
Vicky August	Crossroads
Tom Watkins	Community Navigator

Apologies:

Heather Day, Richard Bateman, Martin Cooke, Katherine Page,
Dee Dillistone, Cassie Banks

Cllr Batten welcomed everyone to the meeting and introductions were made.

Herts Healthy Homes

Jay Wheeler, Red Potato, opened with a talk about Herts Healthy Homes, formerly known as “Keep warm, Stay well”. He outlined how they try and target vulnerable people by working with community groups to acquire and share information. Herts Healthy Homes is now a year long programme rather than just in the winter and there are two types of grants available for individuals and groups.

Issues raised through questions:

- Concerns over how HHH would reach the most vulnerable as they may not call Herts Help, the group discussed the need for a referral process from organisations to Groundwork or Herts Help.
- Concerns over the amount of vulnerable people reached through the program.
- Concerns over people having more direct access to help.

ACTION:

- Jay to feedback concerns to Daisy at HCC.
- Partners to provide feedback on HHH to Rebecca or Pam for the steering group

Druglink and Coffee Ethic

Mark Roberts and Dave Gill followed with a presentation about Druglink and Coffee Ethic. They spoke about Druglink’s holistic approach to recovery and re-integration, outlining the benefits they give to people who go through their recovery process. Coffee Ethic is a social enterprise which recently opened at Hertsmere Borough Council. It provides those recovering from substance misuse with the opportunity to gain work experience and skills e.g. food hygiene qualifications and barista experience. They take volunteers from partner organisations such as Spectrum and Job Centre Plus as well as their own organisation. They also operate a referral scheme where if someone doesn’t want to volunteer for Coffee Ethic, Druglink will try to help them find other opportunities. Druglink would like to work more closely devising projects with Hertsmere.

Crossroads Community Navigators

Afterwards, there was a short talk about Community Navigators and Crossroads by Barbara Kennedy, Vicky August and Tom Watkins. Crossroads work involves supporting carers of people who have had, for example, strokes, MS and dementia. The majority of carers are over 60 and supporting their spouses. They also offer help for recently bereaved people. The Community Navigator role is a new role within Crossroads and helps to signpost people onto help and to escort people to support groups so they feel less nervous about a new group. The Community Navigator will not be directly reachable until the applicant goes through a short referral scheme. This is a partnership project between Community Action Hertsmere, Crossroads and CAB.

Health and Wellbeing strategy

There was then a talk about the Health and Wellbeing strategy by Rebecca Young, outlining the 5 priorities of the strategy which are:

- 1. Increase physical activity and healthy eating**
- 2. Improve mental health and wellbeing**
- 3. Reduce alcohol and drug related harm**
- 4. Increase numbers of people giving up smoking**
- 5. Reduce hip fractures and excess winter deaths**

She also spoke about the Tobacco control action plan which aims to to reduce the number of people who are smoking in Hertsmere by:

- 1. Reducing the recruitment of smokers among children and young people**
- 2. Motivating smokers to quit**
- 3. Protecting families and communities from tobacco related harm**

It was agreed the £10,000 of the public health fund would be used for small grants to be decided on by a sub group of the Health and Wellbeing Partnership. Guidance notes and the application form will be circulated and put on the HBC website before the next meeting.

The draft Public Health Fund plan has now been agreed with HCC Public Health based on the outcomes from the Workshop and development of

strategy and new priorities. More information will be circulated regarding, commissioning or grant opportunities arising from this.

ACTION:

- Partners to feed back any comments on either the strategy or plan by 30 October 2014.

A.O.B.

- Sundera Raised concerns over inclusion of people with disabilities having access to exercise programs and gym equipment e.g. Transport to sites where activities are, and better access for wheelchair users to get into swimming pools (ramp system).
- **Understanding health improvement course**, Level 2 qualification Monday 17th and Monday 24th at Hertsmere Borough Council, to book, please contact: cwch@smuc.ac.uk

Cllr Batten thanked everyone for attending.

Date of Next Meeting

Tuesday 2nd December, 10am. Room A