



HERTSMERE HEALTH AND WELLBEING GROUP
Tuesday 2nd February 2015 at 10.00am

Attendees:

Cllr Brenda Batten (Chair)	Hertsmere Borough Council
Cllr Anne Swerling	Hertsmere Borough Council
Cllr Farida Turner	Hertsmere Borough Council
Cllr Peter Wayne	Hertsmere Borough Council
Liz Gore	Hertsmere Borough Council
Aaron Eldred (minute taker)	Hertsmere Borough Council
Helen Hopkins	Hertsmere Borough Council
Pam Cousins	Hertsmere Borough Council
Martin J Cooke	Youth Connexions
Sundera Kumara-Moorthy	Healthwatch
Peter Christmas	Groundwork
Steven Knight	HPFT
Peter Evans	Aldenham Parish Council
Carolyn Buller	CAB
Barry Ellis	Hertsmere Leisure
Lee Bruce	Hertsmere Leisure
Joe Capon	Herts Sports Partnership
Jayne Taylor	NHS HV CCG
Carol Egan	Allied Healthcare
Tom Watkins	Community Navigator
Vickie August	Crossroads
Jane Brown	Crossroads
Rushma Patel	Herts Stop Smoking Service
Rachel Cumming	Herts Stop Smoking Service

Apologies:

Ruth Horne (HertsHelp), Sabrina Robertson (Herts Mind Network), Daryl Knight (Herts CLDT)

Liz Gore welcomed everyone to the meeting and introductions were made.

Matters arising from the previous minutes

- Simon Eckett's contact details were included on the previous minutes.
- HSSS have been holding a community based stop smoking clinic in The Community Shop, Leeming Road, Borehamwood.

Get Healthy, Get Active “Healthy and Active in Herts” project

Joe Capon, Herts Sports Partnership Sports Project Officer, delivered a presentation outlining the Get Healthy, Get Active project. Active Herts has been allocated £1.1m funding for three years across four districts (Hertsmere, Broxbourne, Stevenage and Watford). The project aims to target inactive people in areas most in need and address health inequalities. The short and mid-term aims are to; get more people being physically active once a week for at least 30 minutes and to achieve a better understanding of sports contribution to improving public health and the prevention, treatment and management of long term conditions. The project uses behavioural change as the main catalyst to help service users into exercise and Lee Bruce, Get Active Specialist, has been supporting clients in Hertsmere. Get Healthy, Get Active accepts referrals from practitioners, partners or service users.

Please see attached slides*

Sports Development and Physical Activity Strategy

Helen Hopkins, Community Sports Officer reported that Hertsmere have drafted a Sports Development and Physical Activity Strategy in response to the Government's new Sports Strategy: [Sporting Future](#). Hertsmere's strategy focuses on increasing participation in sport and physical activity by promoting its value across a range of issues. The strategy aligns closely to corporate goals and addresses issues including the contribution of sport and physical activity towards reducing crime and improving health. The strategy recognises the value of partnership working in delivery and will be measured through the Active Lives survey (Formerly Active People survey).

Please pass any comments on by the end of February to:

helen.hopkins@hertsmere.gov.uk

Please see attached draft strategy*

Hertfordshire Stop Smoking Service

Rachel Cumming delivered a presentation on the Hertfordshire Stop Smoking Service. The latest smoking prevalence figures show that smoking is on the rise in Hertsmere. However, due to small sample size these data should be treated with caution. HSSS have recently held masterclasses and other smoking cessation training for GPs, Pharmacies and Youth Connexions. HSSS also have three events planned in the run-up to No Smoking Day in partnership with CAH. Rushma Patel described some of the work she does, including working on tobacco control legislation, regulation, marketing and raising awareness of schemes e.g. Smokefree Homes and Cars.

Please see attached presentation*

Public Health Fund update

Liz Gore gave the update on the Hertsmere Public Health Fund. Year one of the Public Health Fund is drawing to an end with all projects either underway or completed. The Plan for Year 2 has been with Public Health for sometime and is awaiting sign off. Partners who's projects are included in the Year 2 Plan will be contacted as soon as further information is available.

Organisational updates:

Community Navigator

The project is going well in Hertsmere and a formal waiting list is being looked into due to numbers.

Healthwatch

Healthwatch are undertaking a project across Herts to gain a clear understanding of how to work with Eastern European communities. Another project is also being run to look at whether service provider's complaints systems are fit for purpose.

Herts Stop Smoking Service

The Smokefree Schools toolkit has been launched. The toolkit aims to support pupils who smoke to quit, rather than punish them for smoking.

ACTION: HSSS would appreciate support in identifying contacts within Hertsmere Schools to encourage them to adopt the toolkit.

NHS HVCCG

The CCG are working on their commissioning plan for Your Care, Your Future and what it means for GPs. The CCG are also working on plans for the Elstree Way Community Hub. The CCG have funded 18,000 additional appointments to help people cope over winter.

Citizens Advice Bureau

Funding has not been secured for the MacMillan cancer support and the project will be closing at the end of April, the project has helped over 4,000 people in Hertsmere. The project manager is looking to train a cancer champion in the bureau to help with cancer sufferers. The CAB is still receiving high numbers of people and the biggest issues for service users are council tax and rent arrears. HCC have supplied funding for clients in crisis and this will continue till at least the end of July.

Goldsborough

The Community Shop and the partnership with CAH is going from strength to strength. Lots of events are going on at the shop including a PCSOs clinic. The care workers are well aware of services and a coffee morning will be held at the shop for service users.

Crossroads

Carers in Herts is merging with Crossroads and they will be working closely to improve services.

Groundwork

HHH advice at home is running till the end of March. Referrals can come from partners for their Greenaiders service.

Youth Connexions

Victor Wilcock has been appointed as the new youth work team leader. Weekly rock climbing sessions for young people (Rock up and Climb) are running until half term. Youth Connexions staff have been trained in smoking cessation and are also teaching sex education to year 8 pupils in Hertswood. There are 120 places available in Hertsmere on the National Citizens Service.

Hertsmere Borough Council

The Adults with Complex Needs project is now fully staffed and has bases both in the Civic Offices in Hertsmere and the Step Up building in South Oxhey.

HBC have developed a Health communications plan which identifies which campaigns the Council will be promoting throughout the year. The Calendar was shared with the group for information. Any organisations who would like to work with the Council to support these campaigns should contact Aaron Eldred directly on aaron.eldred@hertsmere.gov.uk

Please see attached calendar*

Cllr Batten thanked all for attending.

Dates of Next Meetings at Hertsmere Borough Council:

10am – 12pm 17th May 2016

10am – 12pm 6th September 2016

10am – 12pm 15th November 2016